

M. B. COLLEGE OF COMMERCE & SHRI G.M.N. LALJI ARTS COLLEGE			
DEHGAM, GANDHINAGAR, GUJARAT, PIN- 382305			
E-mail: mbcadehgam1966@gmail.com website: www.dehgamcollege.org			
Full Name (title/first name/second name/surname)	Dr. Shilpa Vitthalbhai Sidapara		Photograph
Designation (Department)	Assistant Professor Department of Psychology		
Address Current	25-Shivalay Bungalows, Behind Essar Petrol Pump, Opp. Shubh Vastu Bungalows, Near Gayatri Farm, Ahmedabad Road- Dehgam. Pin No. 382305		
Permanent	At. Khijadia (Ozat), Taluko :Visavadar, District : Junagadh, Post : Bilkha, Pin No:362110 Gujarat		
Contact No.	9427858721		
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Date of Joining	29/07/2022		
Date of Birth	06/08/1982	Employment No.	4133
Educational Qualifications			
Degree	Institution	Year	Remarks
B. A.	Sardar Patel Mahila Arts & Commerce College, Junagadh	2004	First Class
M. A.	Saurashtra University, Department of Psychology, Rajkot	2006	First Class
M.Phil.	Saurashtra University, Department of Psychology, Rajkot	2007	First Class
B.Ed.	Smt, J. J. K. Graduate Teacher's College, Rajkot	2008	Distinction
M.Ed.	Chaudhari M.Ed. College, Gandhinagar	2011	Distinction
Ph. D.	Saurashtra University, Department of Psychology, Rajkot	2013	Pass
CCC	Gujarat University, Ahmedabad	2019	Pass
Career Profile (Research & Teaching Experience)			
Organization / Institution	Designation	Duration	Role
Shree Saraswati Shixan Mahavidhyalaly B.Ed. College Bhutvad (Dhoraji)	Assistant Professor	01/07/2008 To 30/05/2010	Teaching
Government Arts College Maninagar, Ahmedabad	Vyakhyata Sahayak	01/08/2013 To 25/04/2014	Teaching
Government Arts College, Jagadiya, Bharuch	Vyakhyata Sahayak	16/07/2016 To 09/12/2016	Teaching
Shree Sharvoday Vidhyalay, Latipura, Vadodara	Assistant Teacher	10/12/2016 To 27/07/2022	Teaching

District Institute for Education and Training (DIET)	Shikshak Shahayak	11/02/2020	Action Research
M. B. College of Commerce & Shree G. M. N. Lalji Arts College, Dehgam	Assistant Professor	29/07/2022 To Continue	Teaching & Activity Involvement in College Committee CWDC

Research areas of Interest
Research Methodology, Child Psychology, Personality Psychology, Mental Health Psychology
Teaching areas of Interest
Abnormal Psychology, Basic Psychology, Adjustment Psychology, Education Psychology
Publications Profile
Published 08 Research Paper in Reputed Journals / Magazine And 04 Books Published
Conference Organization/ Presentations
Attended And Presented Papers at State and National Level Workshops, Seminar and Conferences. (7 Conferences, 7 Seminar And 3 state Level Workshops)
Awards and Distinctions
Awarded Active Part in Group Discussion and Seminar of M. A. in Saurashtra University, Rajkot. 1 st Rank Garba Competition in B.A.
Administrative Assignments
CWDC Event
SERVICES RENDERED TO COLLEGE, SCHOOL:
<ul style="list-style-type: none"> ➤ Rendered Service as CWDC and Carried out my honest services. ➤ Rendered Service in Election both Parliament and Assembly during my job at School ➤ Paper assessment for higher education Gujarat board (12th Standard in the subject of Psychology) ➤ Carried out services as Paper assessment (Psychology) for Gujarat University Examination. ➤ Carried out services as Paper Setting (Psychology) for Gujarat University Examination. ➤ Ladies Representative (LR) for Gujarat University Examination. ➤ Rendered Service as Lab Assistant Duty for Gujarat University Psychology Practical Examination. ➤ Rendered Services as Observer for Gujarat University Annual Examination.

Book Publication

Sr. No.	Book Publication Name	ISBN	Month – Year	Title Of Book
1	Utkarsh Academy	9789382761372	2012	Growth and Development
2	Utkarsh Academy	9789382761389	2012	Personality and Intelligence
3	Utkarsh Academy	9789382761396	2013	Social Psychology
4	Utkarsh Academy	9789384742638	2015	Psychology of Personal Adjustment – 1

Paper Publication

Sr. No.	Journal Publication Name	ISSN	Month – Year	Title of the Research Paper
1	Research Link	0973 – 1628	October 2011	Gramin avam Shaheri Stri Purusho k Vyaktitvaka Tulnatmak Abhyas
2	Matadarsh	0974 – 9888	January 2012	Paramparagat Bharti Shixya Vyavasthame Shixak ka Dayitv avam Guru Shishya Sabandh
3	Research Matrix	2321 – 7030	October 2013	Vrudhashram Me Rehte Or Ghar Par Rehte Vrudhdho k Mansik Swasthya ka Tulnatmak Abhyas
4	Research Matrix	2321 – 7073	May 2020	A Psychology Study Stress among Employed Women and Housewives and Mindfulness Breathing
5	Ayudh	2321 – 2160	October 2020	Tyakta ane Gruhini Aur Aparnit Striome Aavegik Paripakvata ka Ek Tulnatmak Abhyas
6	Ayudh	2321 – 2160	November 2020	Snatak ane Anusnatak Vidhyarthioma Hatasha no Tulnatmak Abhyas
7	Surbhi	2349 – 4557	November 2020	Highschool ane Collegena Vidhyarthioma Mata-Pita Sathena Sabandho ane Saixanik Sidhdhino Tulnatmak Abhyas
8	Atmaj	2348 – 9456	July-december-2022	Organization Commitment and Mental Health Among Government and privet college teacher

Participation in Seminar, Conference and Workshop

Sr. No.	Conference / Seminar/ Workshop	National / International	Year	Paper Presentation/ Participation	Title of Research Paper
1.	Conference	State	19 th December 2004	Participation	-
2.	Conference	National	February 2005	Presentation	A Comparative Study of Emotional Maturity among Abandoned Married and Unmarried Women
3.	Seminar	State	27 th March 2005	Presentation	A Comparative Study of Mental Hygiene among Working and Non-Working Women
4.	Conference	National	20-22 nd January 2006	Presentation	A Comparative Study of Personality among Urban and Rural Male – Female
5.	Conference	State	12 th February 2006	Presentation	Yuvan, Prodh ane Vrudh Strio – Purushona Jatiy Utejna Bhari Jaherat Pratyena Manovalano no Abhyas
6.	Seminar	State	10 th September 2006	Participation	Draw a Flower Intelligence Measurement Test
7.	Conference	State	28 th January 2007	Presentation	A Competitive Study of Educational Achievement & Relation Between Highschool and College Students Mother – Father
8.	Seminar	State	3 rd February 2007	Presentation	A Comparative Study of Frustration among Graduate and Post-Graduate Students
9.	Conference	National	4-6 th February 2007	Presentation	Vrudhashram Me Rehte Or Ghar Par Rehte Vrudhdho k Mansik Swasthya ka Tulnatmak Abhyas
10.	Essentials Course	District	20-25 th October 2008	Participation	Intel Teach Program

11	Seminar	National	13 -15 th February 2009	Presentation	Paramparagat Bhartiya Shiksha Vyavasthame Shiksha ka Dayitv avam Guru Shishya Sabandh
12	Conference	National	21-22 th February 2009	Presentation	A Comparative Study of Personality Among Graduate and Post Graduate Boys And girls
13	Seminar	National	16-17 th January 2010	Presentation	Value Of Indian education
14	Seminar	National	30-31 th January 2010	Presentation	Indian Rural Institution Cast
15	Seminar	National	28 th March 2010	Presentation	Research In Teacher Education
16	Workshop	State	28 th April 2010	Participation	Teaching-The Profession of Personal Fulfillment
17	Workshop	State	3 rd January 2012	Participation	Orientation of SPSS in Research
18	Workshop	State	10 th September 2014	Participation	How To Analyze data with Use of Microsoft Excel in Research
19	Conference	International	21-22 th January 2023	Presentation	Organization Commitment and Mental Health Among Government and private college teacher
20	Conference	International	11 th February 2023	Presentation	A Comparative Study of Personality among Secondary and Higher Secondary Boys & Girls
21	Workshop	National	24 th March 2023	Participation	National Academic Depository-Academic Bank of Credits

Faculty Development Program-FDP/OP/FIP/RC etc.

Sr. No	International/ National/State	Place	Month-Year	Title of FDP/OP/FIP
1	National	Rajkot	12 th April 09 th May 2010	Orientation Programme
2	National	Ramanujan College, University	01-07 th February 2023	National Education Policy-2020

		of Delhi		
3.	State	Ahmadabad	20-24 th February 2023	Methods in Labour Research

**National/International Webinar, Quiz and Workshop attended Online during
COVID-19**

Sr. No.	Type of Academic Programme	Date	Place	Level	Title
1	Webinar	23 th May 2020	Government Arts college, Shahera	State	Self –Reliance and Indian Culture
2	Webinar	23 th May 2020	Government Arts college, Talaja	State	Changing Scenario of Higher Education In Corona Crisis
3	Webinar	26 th May 2020	BKNM University, Department of Social Science	National	Covid-19 Socio-Cultural Impacts
4	Workshop	28-30 th May 2020	Government Arts college, Talaja	State	Teaching-Learning Modes Post Covid-19
5	webinar	29 th May 2020	BKNM University, Department of Commerce & Management	National	Economic Outlook for The Naya bharat
6	Webinar	30 th May 2020	Research Matrix International Multidisciplinary Journal of Applied Research	International	A Psychological Study on Stress Among Employed Women and Housewives and Mindfulness Breathing
7	Webinar	30 th May 2020	Noble Group of Institution	State	Education World Post Covid-19
8	Webinar	2 nd June 2020	BKNM University, Department of Social Science	National	Pavitra Yatrabhumir Girnar
9	Webinar	7 th June 2020	BKNM University Junagadh	International	Human Resource Development in Higher Education After COVID-19
10	Webinar	16 th March 2023	Gokul Global University	State	Teacher-The Torchbearer